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PM-International  
researches

FOR INTERNAL USE ONLY

# Comparison: Multivitamin Product vs FitLine Optimal-Set

## ZINC

**FitLine Restorate + Iron**



$\Delta C_{max}$  Zinc

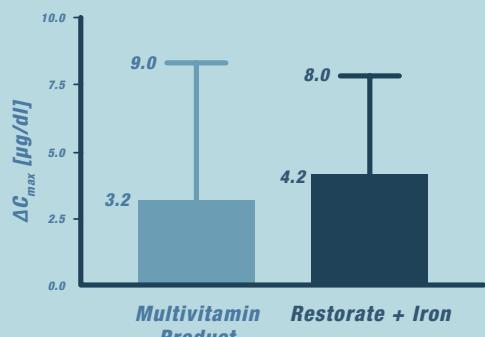


fig. 54: Group 2: zinc  
 $\Delta C_{max}$  [ $\mu\text{g}/\text{dl}$ ] mean  $\pm$  SD

## VITAMIN B6

**FitLine Activize Oxyplus**



$\Delta C_{max}$  Vitamin B6

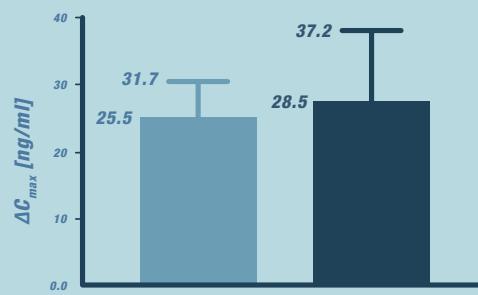


fig. 38: Group 2: vitamin B6  
 $\Delta C_{max}$  [ng/ml] mean  $\pm$  SD

## FOLIC ACID

**FitLine Activize Oxyplus**



$\Delta C_{max}$  Folic Acid

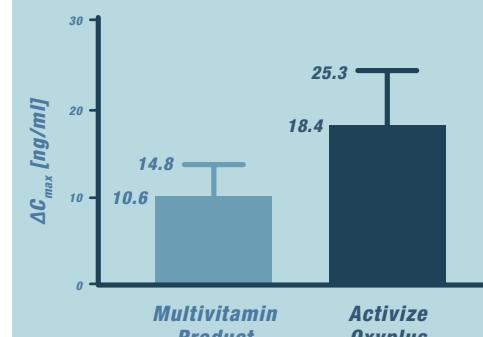


fig. 30: Group 2: folic acid  
 $\Delta C_{max}$  [ng/ml] mean  $\pm$  SD

## VITAMIN C

**FitLine Activize Oxyplus**



$\Delta C_{max}$  Vitamin C

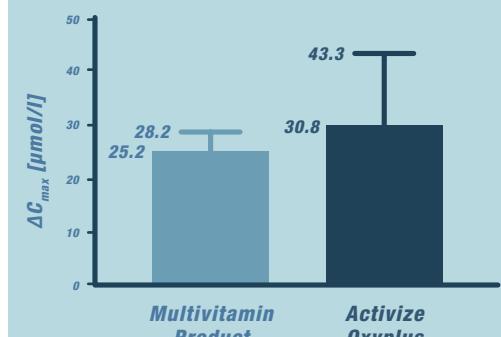


fig. 22: Group 2: Vitamin C  
 $\Delta C_{max}$  [ $\mu\text{mol}/\text{l}$ ] mean  $\pm$  SD

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# The effectiveness of FitLine Activize Oxyplus

## Brain Studies

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*Improved memory performance<sup>1</sup>*



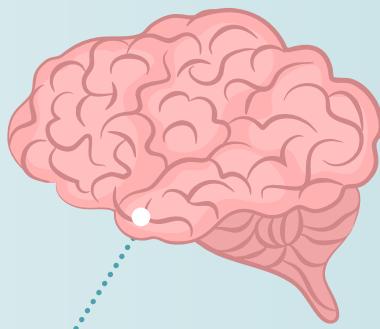
*Improved resilience<sup>1</sup>  
(emotional and mental)*



*Increased creativity<sup>1</sup>*



*Faster information processing<sup>1</sup>*



*Improvement of  
physical and mental stability<sup>1,2</sup>*



*Improved ability to  
concentrate<sup>1</sup>*

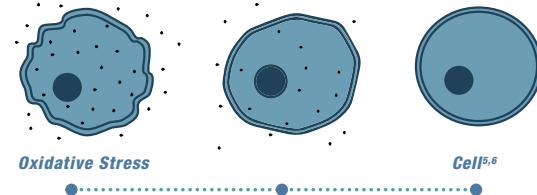


*Improved attention<sup>1</sup>*



<sup>1</sup> vitamin B6 (Pyridoxin), vitamin B12 (Cobalamin) and vitamin C contribute to normal psychological function • <sup>2</sup> Vitamin B2 (Riboflavin), Niacin (B3) and Biotin (B7) - contribute to normal functioning of the nervous system

# FitLine Optimal-Set + Omega 3+E



**Significant decrease of the oxidative stress in the FitLine Group**

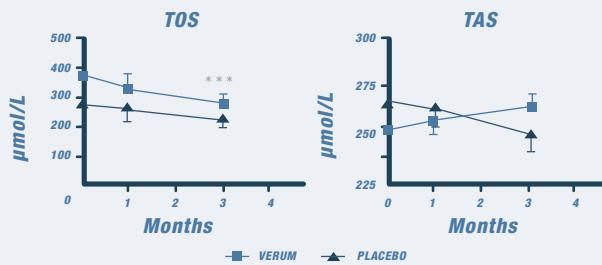
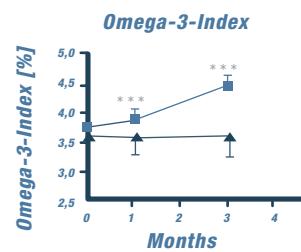
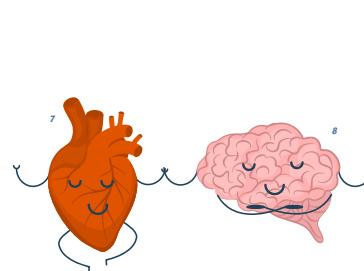
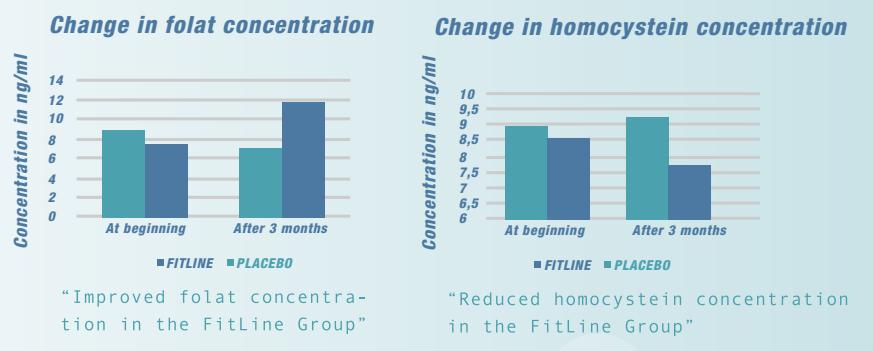


Abb. 2 TOS- and TAS-concentration in plasma. Mean value +/- standard error; \*\*\*p<0,0001



**Improvement of the antioxidative status in the FitLine Group**



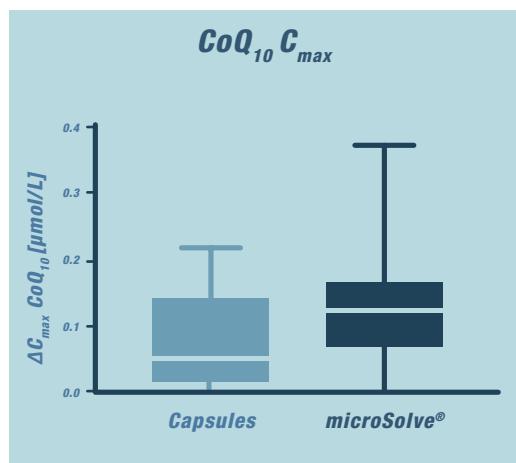
**With FitLine Optimal-Set and Omega 3+E the supply in Omega-3 is higher than the placebo**

<sup>5</sup>vitamin E and C contribute to the protection of cells from oxidative stress <sup>6</sup>Vitamin C contributes to the normal function of the immune system <sup>7</sup>EPA and DHA contribute to the normal function of the heart <sup>8</sup>DHA contributes to maintenance of normal brain function

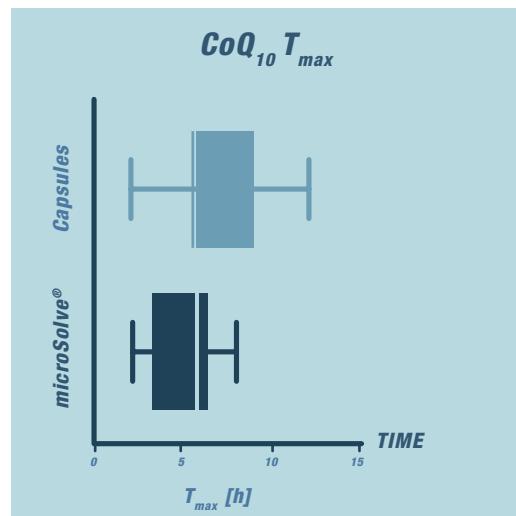
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# FitLine Q10 Plus

## Coenzym Q<sub>10</sub>



*For the same dosage,  
with microSolve®  
there is a  
higher absorption  
than with capsules*



*With microSolve® there  
is a faster absorbtion  
than capsules*



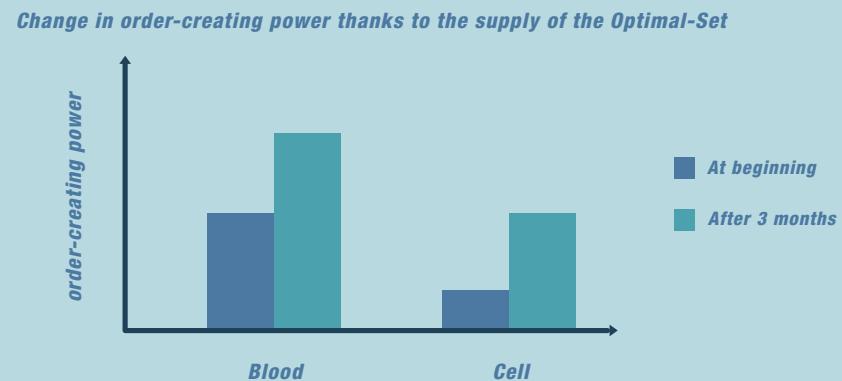
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# FitLine Optimal-Set



The bioavailability of antioxidant raw materials and their transport into the cell level was demonstrated in a 6-month study by BE.- T. - Analysis



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